



***SENIORSPLUS HAS EARNED THE 2026 BEST PLACE FOR WORKING PARENTS®
BUSINESS DESIGNATION
IN RECOGNITION OF THEIR COMMITMENT TO SUPPORTING WORKING PARENTS
THROUGH THEIR FAMILY-FRIENDLY POLICIES AND PRACTICES.***



Kitchen Assistant
Excellent opportunity to be part of the
Meals on Wheels team!

SeniorsPlus has an immediate opening for a full-time position (32 hours/week) in our Lewiston Meals on Wheels (MOW) kitchen facility.

Responsibilities:

- This is a Monday-Thursday position working 5:00a-1:30pm.
- The individual in this position will provide food service tasks to assist with food preparation and packaging of meals for home delivery to MOW clients and congregate delivery in a team environment of collaboration and interactions with staff and volunteers.
- Additionally, the individual will also assist with kitchen cleanup as required.

Qualifications:

- High school diploma or equivalent required
- One to three months' food service experience and knowledge of safety and sanitation standards.
- Or equivalent combination of education and experience.
- Valid Maine Driver's license
- Must receive favorable results from driver's license, reference, and criminal conviction background checks for any offer of employment.

Benefits, Schedule & Pay:

- Thirteen paid holidays and generous Earned Benefit Time in addition to:
 - Health and dental insurance
 - Vision program
 - 403(b) Pension Plan
 - And Life insurance round out our benefits package.
- Full-time position (32 hours/week)
- \$16.32 - \$18.02 per hour (based on qualifications and experience).

Interested individual should submit a letter of interest, salary requirements and resume to jobs@seniorsplus.org or:

Human Resources
SeniorsPlus
8 Falcon Road
Lewiston, ME 04240

SeniorsPlus is an equal opportunity employer