



## Menu June 2026

Meals on Wheels Menu  
Androscoggin, Franklin, & Oxford Counties

**THIS MENU IS SUBJECT TO CHANGE**  
Low fat milk is included with each meal.  
A stick of Margarine & a loaf of Whole Wheat Bread will be sent out monthly.

<b>Week 6/1 – 6/5</b>	<b>Week 6/8 – 6/12</b>	<b>Week 6/15 – 6/19</b>	<b>Week 6/22 - 6/26</b>
<u><b>FRESH MEAL</b></u> Chicken Cordon Bleu Casserole Broccoli Strawberries	<u><b>FRESH MEAL</b></u> Turkey Salad Pasta Salad Stewed Tomatoes Sliced Peaches	<u><b>FRESH MEAL</b></u> BBQ Pork & Rice Bowl Coleslaw Sliced Apples	<u><b>FRESH MEAL</b></u> Salisbury Steak w/Gravy Mashed Potatoes Harvest Beets Pears
Shrimp Scampi Capri Veg. Blend Tropical Fruit	American Chop Suey Green Beans Mandarin Oranges	Cheddar & Potato Breakfast Casserole Brussel Sprouts Orange & Pineapple	Pork Riblet Sweet Potato Peas & Onions Fruit Cocktail
Teriyaki Pork Bites Rice Pilaf Stewed Tomatoes w/Zucchini Spiced Pears	Sliced Ham w/Cranberry Sauce Mashed Potatoes Peas & Carrots Mango	Swedish Meatballs Egg Noodles Diced Beets Fruit Cocktail	Turkey Franks Baked Beans Cauliflower Peaches
Scrambled Eggs Fruit-stuffed Pancakes Carrots Mixed Berries	Honey Mustard Pork Loin Sweet Potatoes Corn Pears	Sweet & Sour Chicken Fried Rice Stir-Fry Vegetables Strawberries	Mexicali Chicken Casserole Pinto Beans Blueberries
Beef Stroganoff Egg Noodles Dill Peas Peaches & Pears	BBQ Chicken Burger Roasted Potatoes Three Bean Salad Pineapple	Parmesan Crusted Fish Au Gratin Potatoes Mediterranean Veggies Tropical Fruit	Cheese Rollup w/Meat Sauce Broccoli Cinnamon Applesauce

## **Social Dining Sites**

**Reservations Required for All Sites  
To Reserve or Cancel a Meal  
Call (207) 440-2374**

There is no cost to participate.  
Donations are voluntary and  
confidential. Giving a donation does  
not affect your receiving services.

### **AUBURN**

#### **Barker Mills Apartments**

143 Mill Street  
Tuesdays – Twice a Month  
Meals served at 11:30 a.m.  
**For Residents Only**

#### **Esplanade**

20 Great Falls Plaza  
Thursdays – Twice a Month  
Meals served at 11:30 a.m.  
**For Residents Only**

#### **Heritage Court**

71 Spring Street  
Thursdays  
Meals served at 12:00 p.m.  
**Open to Public**

#### **Lake Auburn Townhouse**

74 Lake Auburn Ave  
Mondays – Once a Month  
Meals served at 11:30 a.m.  
**Open to Public**

#### **Roak Block Apartments**

156 Main Street  
Wednesdays – Every Other Week  
Meals served at 11:30 a.m.  
**For Residents Only**

### **INDUSTRY**

#### **Industry Town Hall**

1033 Industry Road  
Every 3<sup>rd</sup> Thursday of the month  
Meals served at 11:45a.m.  
**Open to Public**

### **LEWISTON**

#### **Bates Street Housing**

250 Bates Street  
Thursdays -Every Other Week  
Meals served at 10:30 a.m.  
**Open to Public**

#### **Blake Street Towers**

70 Blake Street  
Wednesdays  
Meals served at 12:00 p.m.  
**For Residents Only**

#### **Meadowview Park Community Hall**

23 Spofford Street  
Tuesdays  
Meals served at 11:30 a.m.  
**Open to Public**

#### **SeniorsPlus Education Center**

8 Falcon Road  
Tuesdays  
Meals served at 11:45am.  
**Open to Public**

#### **Oak Park**

10 Oak Street  
Mondays  
Grab/Go at 10:30am.  
**For Residents Only**

#### **Trinity Jubilee Center**

Bates Street  
Monday - Friday at 11:15 a.m.  
Special Menu – Grab and Go  
**Open to Public**

### **RUMFORD**

#### **Rumford Island Housing**

20 Congress Street  
Mondays - Every Other Week  
Meals served at 11:30 a.m.  
**Open to Public**

### **WILTON**

#### **SeniorsPlus – Wilton Office**

284 Main Street  
Mondays - Every Other Week  
Meals served at 11:30 a.m.  
**Open to Public**