



# March 2026

**Meals on Wheels Menu**  
**Androscoggin, Franklin, & Oxford Counties**

**THIS MENU IS SUBJECT TO CHANGE**

Low fat milk is included with each meal.  
 A stick of Margarine & a loaf of Whole  
 Wheat Bread will be sent out Monthly.

<b>Week 3/2 – 3/6</b>	<b>Week 3/09 – 3/13</b>	<b>Week 3/16 – 3/20</b>	<b>Week 3/23 – 3/27</b>
<b>FRESH MEAL</b> Pea Soup w/ Ham, Potato, & Carrots Diced Beets Spiced Apples	<b>FRESH MEAL</b> Chicken Ala King Egg Noodles Spinach Strawberries	<b>FRESH MEAL</b> Corned Beef Roasted Cabbage Boiled Potato & Carrots Peach Cobbler	<b>FRESH MEAL</b> Spinach & Feta Quiche Sausage Links Hashbrowns Carrots Blueberries
Cheese Omelet & Sausage Link Hashbrowns Green Beans Peaches	Turkey Chili Mac w/Cheese Zucchini Applesauce	BBQ Pork Riblet Mashed Sweet Potato Broccoli & Cauliflower Pears	Breaded Fish w/Cheese Roasted Potatoes Key Largo Blend Veggies Fruit Cocktail
Turkey Sloppy Joe Steamed Rice Brussel Sprouts Pears	Baked Fish Scalloped Potatoes Peas Mango & Raspberries	Turkey Franks Baked Beans Mixed Vegetables Fruit Cocktail	Teriyaki Chicken Wild Rice Stewed Tomatoes & Zucchini Ginger Pineapple
Swedish Meatballs Rotini Dill Carrots Fruit Cocktail	Shepherd's Pie Butternut Squash Pineapple	Seasoned Chicken Breast Mashed Potatoes w/Gravy Corn Blueberries & Strawberries	Beef & Barley Stew Green Beans Tropical Fruit
Fajita Chicken Cilantro Lime Rice Pinto Beans Tropical Fruit	French Toast Scrambled Eggs Stewed Tomatoes Mandarin Oranges	Baked Ziti w/ Cheese & Meat Sauce California Veg. Mix Sliced Apples	Dijon Pork Tenderloin Garlic Mashed Potatoes Brussel Sprouts Cinnamon Apple Sauce

## Social Dining Sites

### **Reservations Required for All Sites To Reserve or Cancel a Meal**

**Call (207) 440-2374**

There is no cost to participate.  
Donations are voluntary and confidential. Giving a donation does not affect your receiving services.

#### **AUBURN**

##### **Barker Mills Dining Site**

143 Mill Street  
Tuesdays – Twice a Month  
Meals served at 11:30 a.m.  
**For Residents Only**

##### **Esplanade**

20 Great Falls Plaza  
Thursday – Once a Month  
Meals served at 11:30 a.m.  
**For Residents Only**

##### **Heritage Court**

71 Spring Street  
Thursdays  
Meals served at 12:00 p.m.  
**Open to Public**

##### **Lake Auburn Townhouse**

74 Lake Auburn Ave  
Mondays – Every Other Week  
Meals served at 11:30 a.m.  
**Open to Public**

##### **Roak Block Apartments**

156 Main Street  
Wednesdays – Every Other Week  
Meals served at 11:30 a.m.  
**For Residents Only**

#### **INDUSTRY**

##### **Industry Town Hall**

1033 Industry Road  
Every 3<sup>rd</sup> Thursday of the month  
Meals served at 11:45a.m.  
**Open to Public**

#### **LEWISTON**

##### **Bates Street Housing**

250 Bates Street  
Thursdays -Every Other Week  
Meals served at 10:30 a.m.  
**Open to Public**

##### **Blake Street Towers**

70 Blake Street  
Wednesdays  
Meals served at 12:00 p.m.  
**For Residents Only**

##### **Meadowview Park Community Hall**

23 Spofford Street  
Tuesdays  
Meals served at 11:30 a.m.  
**Open to Public**

##### **SeniorsPlus Education Center**

8 Falcon Road  
Tuesdays  
Meals served at 11:45am.  
**Open to Public**

##### **Oak Park**

10 Oak Street  
Mondays  
Grab/Go at 10:30am.  
**For Residents Only**

##### **Trinity Jubilee Center**

Bates Street  
Monday - Friday 11:30 a.m.  
Special Menu – Grab and Go  
**Open to Public**

#### **WILTON**

##### **SeniorsPlus – Wilton Office**

284 Main Street  
Mondays - Every Other Week  
Meals served at 11:30 a.m.  
**Open to Public**