



February 2026

Meals on Wheels Menu Androscoggin, Franklin, & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE
Low fat milk is included with each meal.
A stick of Margarine & a loaf of Whole Wheat Bread will be sent out monthly.

Week 02/02 – 02/06	Week 02/09 – 02/13	Week 02/16 – 02/20	Week 02/23 – 02/27
FRESH MEAL American Chop Suey Seasoned Rutabaga Tropical Fruit	FRESH MEAL Chicken Cacciatore Rotini California Veggie Mix Peaches	FRESH MEAL Oven Roasted Pork Loin Sweet Potatoes Broccoli Cinnamon Applesauce	FRESH MEAL Ham Casserole w/Broccoli & Rice Cauliflower Strawberries
Meatloaf Au Gratin Potatoes Peas and Carrots Spiced Apples	Beef Patty w/Swiss Cheese & Mushroom Gravy Mashed Potatoes Beets Pears	Honey Garlic Shrimp Wild Rice Spinach Ginger Pineapple	Italian Chicken Tenders Garlic Mashed Potatoes Italian Veggie Mix Spiced Pears
Chicken & Broccoli Alfredo w/Pasta Key Largo Veggie Mix Pineapple	Turkey Pot Pie Squash Mango & Blueberries	Sweet & Sour Meatballs over Rice Three Bean Salad Mixed Berries	Beef Stroganoff Egg Noodles Brussel Sprouts Oranges & Pineapples
Unstuffed Peppers w/Pork & Rice Mixed Vegetables Fruit Cocktail	Baked Ham Mashed Sweet Potato Peas & Onions Apple Slices	Turkey & Squash Skillet Orzo Pasta Green Beans Tropical Fruit	Spaghetti w/Meat Sauce Green Beans Fruit Cocktail
Breaded Pollock Roasted Potatoes Brussel Sprouts Strawberries	French Toast Scrambled Eggs Stewed Tomatoes & Zucchini Mandarin Oranges	BBQ Grilled Chicken Scalloped Potatoes Beet Salad Peaches & Pears	Turkey Franks Baked Beans Carrots Blueberries

Social Dining Sites

Reservations Required for All Sites

To Reserve or Cancel a Meal

Call (207) 440-2374

There is no cost to participate.

Donations are voluntary and confidential. Giving a donation does not affect your receiving services.

AUBURN

Barker Mills Apartments

143 Mill Street

Tuesdays – Twice a Month

Meals served at 11:30 a.m.

For Residents Only

Esplanade

20 Great Falls Plaza

Thursdays – Twice a Month

Meals served at 11:30 a.m.

For Residents Only

Heritage Court

71 Spring Street

Thursdays

Meals served at 12:00 p.m.

Open to Public

Lake Auburn Townhouse

74 Lake Auburn Ave

Mondays – Once a Month

Meals served at 11:30 a.m.

Open to Public

Roak Block Apartments

156 Main Street

Wednesdays – Every Other Week

Meals served at 11:30 a.m.

For Residents Only

INDUSTRY

Industry Town Hall

1033 Industry Road

Every 3rd Thursday of the month

Meals served at 11:45a.m.

Open to Public

LEWISTON

Bates Street Housing

250 Bates Street

Thursdays -Every Other Week

Meals served at 10:30 a.m.

Open to Public

Blake Street Towers

70 Blake Street

Wednesdays

Meals served at 12:00 p.m.

For Residents Only

Meadowview Park Community Hall

23 Spofford Street

Tuesdays

Meals served at 11:30 a.m.

Open to Public

SeniorsPlus Education Center

8 Falcon Road

Tuesdays

Meals served at 11:45am.

Open to Public

Oak Park

10 Oak Street

Mondays

Grab/Go at 10:30am.

For Residents Only

Trinity Jubilee Center

Bates Street

Monday - Friday at 11:15 a.m.

Special Menu – Grab and Go

Open to Public

RUMFORD

Rumford Island Housing

20 Congress Street

Mondays - Every Other Week

Meals served at 11:30 a.m.

Open to Public

WILTON

SeniorsPlus – Wilton Office

284 Main Street

Mondays - Every Other Week

Meals served at 11:30 a.m.

Open to Public