



# February 2026

## Meals on Wheels Menu

### Androscoggin, Franklin, & Oxford Counties

**THIS MENU IS SUBJECT TO CHANGE**

Low fat milk is included with each meal.

A stick of Margarine & a loaf of Whole Wheat Bread will be sent out monthly.

<b>Week 02/02 – 02/06</b>	<b>Week 02/09 – 02/13</b>	<b>Week 02/16 – 02/20</b>	<b>Week 02/23 – 02/27</b>
<b>FRESH MEAL</b> American Chop Suey Seasoned Rutabaga Tropical Fruit	<b>FRESH MEAL</b> Chicken Cacciatore Rotini California Veggie Mix Peaches	<b>FRESH MEAL</b> Oven Roasted Pork Loin Sweet Potatoes Broccoli Cinnamon Applesauce	<b>FRESH MEAL</b> Ham Casserole w/Broccoli & Rice Cauliflower Strawberries
Meatloaf Au Gratin Potatoes Peas and Carrots Spiced Apples	Beef Patty w/Swiss Cheese & Mushroom Gravy Mashed Potatoes Beets Pears	Honey Garlic Shrimp Wild Rice Spinach Ginger Pineapple	Italian Chicken Tenders Garlic Mashed Potatoes Italian Veggie Mix Spiced Pears
Chicken & Broccoli Alfredo w/Pasta Key Largo Veggie Mix Pineapple	Turkey Pot Pie Squash Mango & Blueberries	Sweet & Sour Meatballs over Rice Three Bean Salad Mixed Berries	Beef Stroganoff Egg Noodles Brussel Sprouts Oranges & Pineapples
Unstuffed Peppers w/Pork & Rice Mixed Vegetables Fruit Cocktail	Baked Ham Mashed Sweet Potato Peas & Onions Apple Slices	Turkey & Squash Skillet Orzo Pasta Green Beans Tropical Fruit	Spaghetti w/Meat Sauce Green Beans Fruit Cocktail
Breaded Pollock Roasted Potatoes Brussel Sprouts Strawberries	French Toast Scrambled Eggs Stewed Tomatoes & Zucchini Mandarin Oranges	BBQ Grilled Chicken Scalloped Potatoes Beet Salad Peaches & Pears	Turkey Franks Baked Beans Carrots Blueberries

## **Social Dining Sites**

**Reservations Required for All Sites**

**To Reserve or Cancel a Meal**

**Call (207) 440-2374**

There is no cost to participate.

Donations are voluntary and confidential. Giving a donation does not affect your receiving services.

### **AUBURN**

#### **Barker Mills Apartments**

143 Mill Street

Tuesdays – Twice a Month

Meals served at 11:30 a.m.

**For Residents Only**

#### **Esplanade**

20 Great Falls Plaza

Thursdays – Twice a Month

Meals served at 11:30 a.m.

**For Residents Only**

#### **Heritage Court**

71 Spring Street

Thursdays

Meals served at 12:00 p.m.

**Open to Public**

#### **Lake Auburn Townhouse**

74 Lake Auburn Ave

Mondays – Once a Month

Meals served at 11:30 a.m.

**Open to Public**

#### **Roak Block Apartments**

156 Main Street

Wednesdays – Every Other Week

Meals served at 11:30 a.m.

**For Residents Only**

### **INDUSTRY**

#### **Industry Town Hall**

1033 Industry Road

Every 3<sup>rd</sup> Thursday of the month

Meals served at 11:45a.m.

**Open to Public**

### **LEWISTON**

#### **Bates Street Housing**

250 Bates Street

Thursdays -Every Other Week

Meals served at 10:30 a.m.

**Open to Public**

#### **Blake Street Towers**

70 Blake Street

Wednesdays

Meals served at 12:00 p.m.

**For Residents Only**

#### **Meadowview Park Community Hall**

23 Spofford Street

Tuesdays

Meals served at 11:30 a.m.

**Open to Public**

#### **SeniorsPlus Education Center**

8 Falcon Road

Tuesdays

Meals served at 11:45am.

**Open to Public**

#### **Oak Park**

10 Oak Street

Mondays

Grab/Go at 10:30am.

**For Residents Only**

#### **Trinity Jubilee Center**

Bates Street

Monday - Friday at 11:15 a.m.

Special Menu – Grab and Go

**Open to Public**

### **RUMFORD**

#### **Rumford Island Housing**

20 Congress Street

Mondays - Every Other Week

Meals served at 11:30 a.m.

**Open to Public**

### **WILTON**

#### **SeniorsPlus – Wilton Office**

284 Main Street

Mondays - Every Other Week

Meals served at 11:30 a.m.

**Open to Public**