



December 2024

Meals on Wheels Menu
Androscoggin, Franklin, & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE
Low fat milk is included with each meal.

Week 12/2 – 12/6	Week 12/9 – 12/13	Week 12/16 – 12/20	Week 12/23 – 12/27
FRESH MEAL American Chop Suey Broccoli Spiced Peaches	FRESH MEAL Lobster Mac & Cheese Stewed Tomatoes w/Zucchini Spiced Pears	FRESH MEAL Glazed Ham Pineapple & Cherries Sweet Potato Brussel Sprouts Apple Crisp	FRESH MEAL Pork Tenderloin w/ Spiced Apples Mashed Potatoes w/Gravy Diced Beets
Salsa Chicken Cilantro Lime Rice Pinto Beans Tropical Fruit	Beef & Barley Stew Broccoli & Cauliflower Strawberries	Lemon Pepper Chicken Couscous Roasted Vegetable Mix Mandarin Oranges	Balsamic Glazed Cod Asparagus Au Gratin Potatoes Peaches
Western Omelet Hashbrowns Harvest Beets Mixed Berries	BBQ Pork Riblet Mashed Potatoes Four Bean Salad Applesauce	Shepard's Pie Spinach Tropical Cocktail	Chicken & Waffles Stewed Tomatoes Raspberries & Blueberries
Baked Fish Roasted Potatoes Chateau Veggie Blend Oranges & Pineapple	Unstuffed Cabbage w/Ground Turkey & Rice Carrots Fruit Cocktail	Fish Chowder w/ Oyster Crackers Dill Carrots Mango & Strawberries	Sweet & Sour Meatballs Over Rice Hubbard Squash Ginger Pineapple
Meatloaf w/Cheese Mashed Potatoes w/Gravy Baby Carrots Fruit Cocktail	Chicken Parmesan over Noodles Peas & Onions Apricots	Fruit-filled Pancakes Scrambled Eggs Stewed Tomatoes Blueberries	BBQ Chicken Baked Beans Zucchini & Yellow Squash Pears

Social Dining Sites

AUBURN

Barker Mills Dining Site

143 Mill Street
TUESDAYS -EVERY OTHER WEEK
- 11:30 a.m.

Reservations – 1-800-427-1241

Lake Auburn Townhouse

74 Lake Auburn Ave
THURSDAYS- EVERY OTHER WEEK-
11:30A.M.

Reservations – 1-800-427-1241

Roak Block Apartments

156 Main Street
WEDNESDAYS-EVERY OTHER WEEK
– 11:30.m.

Reservations – 1-800-427-1241

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin, and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults.

SeniorsPlus is grateful for your tax-deductible contributions, bequest, and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us. SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org

LEWISTON

Meadowview Park Community Hall

23 Spofford Street
Tuesdays – 11:30 am
Reservations – 1-800-427-1241

Trinity Jubilee Center

Bates Street
Monday - Friday 11:30 am
Special Menu
Reservations – 1-800-427-1241



Participating Locations:

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254
Vouchers accepted 11am until closing.
Closed Mondays

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291
Vouchers accepted 11am until closing.

Vouchers available at the following SeniorsPlus locations:

8 Falcon Road, Lewiston
284 Main Street, Wilton
9 Marston Street, Norway
Distribution Center, Hannaford Plaza, Jay

Requested donation of \$6.00.

1.800.427.1241