



Menu June 2024

Meals on Wheels Menu
Androscoggin, Franklin, & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE
Low fat milk is included with each meal.
A loaf of Whole Wheat Bread Monthly

Week 6/3 – 6/7	Week 6/10 – 6/14	Week 6/17 – 6/21	Week 6/24 - 6/28	
FRESH MEAL Meatballs & Rotini w/ Red sauce Broccoli Tropical Fruit Blend	FRESH MEAL Tuna Salad Sandwich Italian Style Rice Salad Lima Beans Slices Peaches	FRESH MEAL Boiled Eggs Pasta Salad 4-Bean Salad Applesauce	FRESH MEAL Ham & Cheese Slider Chilled Italian Garbanzo Beans Chilled Blended Vegetables Blueberries	
Beef & Gravy Brown Rice Carrots Cinnamon Applesauce	Burger Pizzaiola Squash Green Beans Mandarin Oranges	Cheese Omelet Turkey Sausage Roasted Potatoes Brussel Sprouts Orange & Pineapple	Salisbury Steak w/ Gravy Brown Rice Beets Pears	
Honey Mustard Chicken Tenders Sweet Potato Tots Mixed Vegetables Strawberries	Chicken Supreme Pasta Baby Glazed Carrots Fruit Cocktail	Swedish Meatballs Egg Noodles Diced Beets Strawberries	Turkey Franks Baked Beans Peas Peaches	
Pork Riblet w/ Gravy Roasted Potatoes Butternut Squash Fruit Cocktail	Pork Sausages Fruit-stuffed Pancakes Asparagus Mixed Berries	Grilled Chicken Rice Pilaf Corn Peaches	BBQ Beef Steamed Rice Green Beans Fruit Cocktail	
Chicken Parmesan Egg Noodles Dill Peas Peaches & Pears	BBQ Meatloaf w/ Cheese Mashed Potatoes Sliced Beets Pineapples	Honey Pork Bites Garlic Mashed Potatoes Stewed Tomatoes Spiced Pears	Cheese Rollup & Turkey Meatballs Broccoli Cinnamon Applesauce w/ Raisins	

Social Dining Sites

LEWISTON

Meadowview Park Community Hall

23 Spofford Street

Tuesdays – 11:30 am

Reservations – 1-800-427-1241

Trinity Jubilee Center

Bates Street

Monday - Friday 11:30 am

Special Menu

Reservations – 1-800-427-1241



SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us.

SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11am until closing

Closed Mondays

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291

Vouchers accepted 11am until closing

Vouchers available at SeniorsPlus 8 Falcon Road,
Lewiston, United Way 214 Fairbanks Road
Farmington and Livermore Distribution for the
requested donation of \$6.00 ~ 1.800.427.1241