

February 2018-Sites

LunchPlus Café Menu for Androscoggin,
Franklin & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE
Low fat milk is included with each meal

Monday	Tuesday	Wednesday	Thursday
<p>Any Questions? Please call SeniorsPlus 207-795-4010 or 1-800-427-1241</p>		<p>For Heart Health - eat a heart healthy diet by including more fruits & vegetables. Limit saturated fats and salt</p>	<p>Fruit Glazed Ham 1 Sour Cream & Chive Potatoes Mixed Vegetables, Pineapple Cup, Raisin Bread, Apple Crisp</p> 
<p>BBQ Chicken 5 Rice Pilaf, Mexican Corn, Pineapple Chunks, Breadstick, Vanilla Pudding</p>	<p>Smothered Beef & Onions 6 Oven Roasted Potatoes, Carrots, Fruit Cocktail, Whole Wheat Bread, Filled Cookie</p>	<p>Turkey Stew 7 3 Bean Salad, Fresh Fruit, Biscuit, Boston Cream Poke Cake</p>	<p>Honey Garlic Pork Bites 8 Mashed Potatoes, Mixed Vegetables, Spiced Applesauce, Whole Wheat Roll, Chocolate Almond Shortbread</p>
<p>Tuna Noodle Casserole 12 Green Peas, Spiced Peaches, Rye Bread, Chocolate Chip Cookie</p>	<p>Curry Pineapple Chicken 13 Rice, Green Beans, Tropical Fruit Cocktail, Banana Bread, Jell-O</p>	<p>Seafood Chowder 14 Cole Slaw, Fresh Fruit, Low Sodium Crackers, Cupcake</p> 	<p>American Chop Suey 15 Broccoli Cuts, Warm Apricots, Garlic Breadstick, Pineapple Cookie</p>
<p>President's Day Holiday 19 No Meals Served or Delivered</p> 	<p>Fish Fillet 20 Garlic Mashed Potatoes, Mixed Vegetables, Fruit Cocktail, Breadstick, Molasses Cookie</p>	<p>Salisbury Steak 21 Au Gratin Potatoes, Bean Medley, Spiced Apples, Whole Wheat Roll, Chef's Choice Dessert</p>	<p>Lemon Pepper Chicken 22 Oven Roasted Potatoes, Carrots, Fresh Fruit, Low Sodium Crackers, Apple Crisp</p>
<p>Pulled Turkey w/ Gravy 26 Mashed Potatoes, Stuffing, Broccoli Cuts, Mandarin Oranges, Whole Wheat Roll, Rice Pudding</p>	<p>Sloppy Joe 27 Rice, Green Peas, Spiced Peaches, Whole Wheat Bread, Brownie</p>	<p>Apple Stuffed Pancakes 28 Turkey Sausage, Stewed Tomatoes, Whole Wheat Bread, Whoopie Pie</p>	

LunchPlus Cafés

AUBURN

Heritage Court

Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

The Auburn Townhouse

Wednesdays – 11:30 a.m.

Reservations – 1-800-427-1241

BUCKFIELD

Nezinscot Village

Wednesdays – 11:15 a.m.

Reservations 1-800-427-1241

FARMINGTON

Farmington Recreation Center

Mondays-11:30a.m.

Reservations 1-800-427-1241

LEWISTON

Meadowview

Tuesdays & Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

Trinity Jubilee Center

Monday-Friday 11:30 a.m.

Special Menu



LISBON FALLS

MTM Community Center

Wednesdays – 11:30 a.m.

Reservations – 1-800-427-1241

NORWAY

Progress Center

Thursdays- 4:30p.m.-6pm

Special Menu

RANGELEY

Townhouse Apartments

Monday – Friday 11:30

Special Menu

Reservations 864-3986

RUMFORD

Muskie Center

Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us. SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Brick Yard Café- 207-779-0708

RR2, Farmington 04938

Vouchers accepted 6am-1:30 pm

Campus Cuisine – D’Youville Pavillion

100 Campus Avenue, Lewiston 04240

Vouchers accepted 1pm-.5 pm.

Chick a Dee of Lewiston- 207-376-3870

1472 Lisbon Street Lewiston 04240

Vouchers accepted 10:30am until 4pm Monday –Friday

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11am until closing

Closed Mondays

Douin’s Market & Diner 207-778-4111

150 Mercer Road New Sharon

Vouchers accepted 5am to 9pm

GrantLee Tavern & Grill 207-778-0880

476 Fairbanks Road, Farmington 04938

Vouchers accepted 11am-4pm

Wednesday -Friday

Closed Monday & Tuesdays

LaFleur’s Family Restaurant 207-897-2117

224 Maine Street, Jay 04239

Vouchers accepted 11am until closing – not redeemable after 4pm Friday & Saturday nights

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291

Vouchers accepted 11am until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way, 214 Fairbanks Road Farmington and Livermore Distribution for the requested donation of \$6.00 ~ 1.800.427.1241