

MARCH 2019

Meal on Wheels Menu Androscoggin, Franklin & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE
Low fat milk is included with each meal
A loaf of bread provided monthly to each
Meals on Wheels consumer

Monday	Tuesday	Wednesday	Thursday
4 Salisbury Steak w/ Gravy Lima Beans Garlic Potatoes Juice Cup Eclairs	5 BBQ Pork Rib Calico Corn Au Gratin Potatoes Spiced Pineapple Rice Crispy Treats	6 Veggie Lasagna Italian Blend Fruit Cocktail Chef's Choice	7 Chicken Corn Chowder Fresh Broccoli Salad Crackers Fresh Fruit Raspberry Filled Cookies
11 Turkey Pot Pie Asparagus Peaches Sunshine Bars	12 Baked Quiche Stewed Tomato & Zucchini Home Fries Juice Ambrosia	13 Fish Fillet Scallop Potato Green Beans w/ Almonds Fresh Fruit Macaroon	14 Happy St. Patrick's Day Corn Beef Cabbage Carrots Boiled Potato Fruit Cup Cup Cakes
18 Baked Pork Cutlet Mashed Potato Butternut Squash Fresh Fruit Strawberry Supreme	19 American Chop Suey Vegetable Blend Tropic Fruit Blend Blonde Brownie	20 Pea Soup Pickled Beets Crackers Fresh Fruit Macadamia Nut Cookies	21 Sweet & Sour Turkey Meatballs Rice Oriental Blend Spiced Pineapple Boston Poke Cake
25 Baked Fish w/ Dill Sauce Peas Red Roasted Potatoes Mandarin Oranges Lemon Bar	26 Chicken Tenders Glazed Carrots Scallop Potato Fresh Fruit Chef's Choice	27 Beef & Broccoli Stewed Tomato Rice Pilaf Spice Applesauce Grasshopper Bar	28 Cheese Tortellini w/ Alfredo Sauce Mixed Vegetable Juice Cup Fruit Jell-O
Please wash all fresh fruit before consumption			

Social Dining Sites

AUBURN

Heritage Court

Thursdays – 11:30 am

Reservations 1-800- 427-1241

The Auburn Townhouse

Wednesdays – 11:30 am

Reservations – 1-800-427-1241

BUCKFIELD

Nezinscot Village

Wednesdays – 11:15 am

Reservations 1-800-427-1241

FARMINGTON

Farmington Recreation Center

Mondays-11:30 am

Reservations 1-800-427-1241

LEWISTON

Meadowview

Tuesdays & Thursdays – 11:30 am

Reservations – 1-800-427-1241

Trinity Jubilee Center

Monday-Friday 11:30 am

Special Menu

LISBON FALLS

MTM Community Center

Wednesdays – 11:30 am

Reservations – 1-800-427-1241



NORWAY

Progress Center

Thursdays 4 pm-6 pm

Special Menu

RANGELEY

Townhouse Apartments

Monday – Friday 11:30 am

Special Menu

Reservations 864-3986

RUMFORD

Muskie Center

Thursdays – 11:30 am

Reservations – 1-800-427-1241

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us.

SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Brick Yard Café- 207-779-0708

RR2, Farmington 04938

Vouchers accepted 6am-2pm

Campus Cuisine – D’Youville Pavillion

100 Campus Avenue, Lewiston 04240

Vouchers accepted 1pm-5pm

Chick a Dee of Lewiston- 207-376-3870

1472 Lisbon Street Lewiston 04240

Vouchers accepted 10:30am until 4pm Monday–Friday

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11am until closing

Closed Mondays

Douin’s Market & Diner 207-778-4111

150 Mercer Road New Sharon

Vouchers accepted 5am to 9pm

Ellis’s Variety – 207-562-8284

1260 Weld Street, Dixfield

Vouchers accepted 6 am to 2 pm

GrantLee’s Tavern & Grill 207-778-0809

476 Fairbanks Road, Farmington, 04976

Vouchers accepted Wednesday-Friday 11am to 4pm

Closed Mondays & Tuesdays

LaFleur’s Family Restaurant 207-897-2117

224 Maine Street, Jay 04239

Vouchers accepted 11am until closing – not redeemable

after 4pm Friday & Saturday nights

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291

Vouchers accepted 11am until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way 214 Fairbanks Road Farmington and Livermore Distribution for the requested donation of \$6.00 ~ 1.800.427.1241