



JUNE 2022
Meals on Wheels Menu
In Androscoggin, Franklin, & Oxford
Counties

THIS MENU IS SUBJECT TO CHANGE
 Low fat milk is included with each meal
 Whole Wheat loaf given Monthly

Week 6/6-6/11	Week 6/13-6/18	Week 6/20-6/25	Week 6/27-7/1
Broccoli Tortellini Salad Cheese Stick Baby Carrots Fresh Fruit	Dijon Herb Pork Garlic Mashed Potato Calico Corn Baked Apples	Turkey Bacon Ranch Pasta Salad Cole Slaw Pineapple	Shepherd Pie Spinach Peaches & Pineapple
Sliced Turkey With Stuffing & Gravy Capri Vegetable Blend Fruit Cocktail	Beef Stew Onions & Green Beans Tropical Fruit	Chili Con Carne Brown Rice Broccoli Cuts Fruit Cocktail	French Toast Sticks Turkey Sausage Asparagus Berries
Baked Ravioli W/ Spaghetti Sauce Peas Applesauce	Teriyaki Chicken Stir Fry Vegetables Rice Pilaf Apricots	BBQ Pork Riblet Winter Squash Cauliflower Cinnamon Applesauce	Pizza Burger Patty Seasoned Fries Mixed Vegetables Spiced Pears
Sliced Ham Over Roasted Potatoes Parsley Carrots Mixed Berries	Baked Manicotti w/ Cheese Sauce Sonoma Vegetable Blend Peaches	Fish Fillet Seasoned Potatoes Peas & Carrots Strawberries w/ Apricots	Turkey Stew Vegetable Blend Tropical Fruit
Beef Meatballs w/ Gravy Steamed Brown Rice Baked Zucchini Pears w/ Raisins	Western Omelet Home Fries Brussel Sprouts Strawberries	Chicken Nuggets Tater Tots 4 Way Mixed Vegetables Spiced Pears	Crab Cake Alfredo Pasta Side Peas & Carrots Fruit Cocktail

Social Dining Sites

AUBURN

Heritage Court

Thursdays – 11:30 am

Reservations 1-800- 427-1241

The Auburn Townhouse

Wednesdays – 11:30 am

Reservations – 1-800-427-1241

BUCKFIELD

Nezinscot Village

Wednesdays – 11:15 am

Reservations 1-800-427-1241

FARMINGTON

Farmington Recreation Center

Mondays-11:30 am

Reservations 1-800-427-1241

LEWISTON

Meadowview

Tuesdays & Thursdays – 11:30 am

Reservations – 1-800-427-1241

Trinity Jubilee Center

Monday-Friday 11:30 am

Special Menu

LISBON FALLS

MTM Community Center

Wednesdays – 11:30 am

Reservations – 1-800-427-1241



NORWAY

Progress Center

Thursdays 4 pm-6 pm

Special Menu

RANGELEY

Townhouse Apartments

Monday – Friday 11:30 am

Special Menu

Reservations 864-3986

RUMFORD

Muskie Center

Thursdays – 11:30 am

Reservations – 1-800-427-1241

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us.

SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11am until closing

Closed Mondays

Ellis's Variety – 207-562-8284

1260Weld Street, Dixfield

Vouchers accepted 6 am to 2 pm

GrantLee's Tavern & Grill 207-778-0809

476 Fairbanks Road, Farmington, 04976

Vouchers accepted Wednesday-Friday 11am to 4pm

Closed Mondays & Tuesdays

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291

Vouchers accepted 11am until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way 214 Fairbanks Road Farmington and Livermore Distribution for the requested donation of \$6.00 ~ 1.800.427.1241