

APRIL 2019

Meals on Wheels Menu Androscoggin, Franklin, & Oxford Counties

THIS MENU IS SUBJECT TO CHANGE

Low fat milk is included with each meal Loaf of whole wheat bread given monthly *Please wash all fresh fruit before consumption*

Monday	Tuesday	Wednesday	Thursday
Country Chicken Casserole Monaco Vegetable Blend Fresh Fruit Snicker Doodles	2 Open Face Sloppy Joe Butternut Squash Spiced Apples Banana Crème Pie Cups	3 Ham & Potato Chowder Three Bean Salad Fruit Cup Rice Krispy Treats	4 Chicken Nuggets Baby Carrots Rice Pilaf Fruit Juice Pineapple Upside down Cake
8 Fish Sticks Broccoli Au Gratin Mashed Potato Peach Cup Gingersnaps	9 Honey Pork Bites Parsley Carrots Scallop Potato Fresh Fruit Blueberry Cake	10 French Toast Turkey Sausage Stewed Tomatoes Fruit Juice Warm Apple Crisp	11 Shepherd Pie Brussel Sprouts Spiced Pineapple Chef's Choice
15 Baked Ham Pineapple Raisin Sauce Garlic Mashed Potato Squash Warm Spiced Apples Banana Bread	16 Teriyaki Meatballs Rice Oriental Vegetables Fruit Cocktail Peanut Butter Cookie	17 Macaroni & Cheese Peas & Carrots Spiced Pineapple Jell-O Parfait	18 Fish Chowder Cole Slaw Crackers Fresh Fruit Strawberry Shortcake
22 Cheeseburger Pie Green Beans Fresh Fruit Butterscotch Pudding	23 Baked Chicken Mashed Potato Mixed Vegetable Spiced peaches Whoopie Pie	24 Shrimp & Sausage Broccoli Rice Pilaf Fresh Fruit Chef's Choice	25 BBQ Pork Riblet Calico Corn Au Gratin Potato Spiced Applesauce Brownie
29 Western Omelet Stew Tomatoes & Zucchini Home Fries Juice Scones	30 Lasagna w/ Meat Sauce Italian Vegetable Blend Fresh Fruit Lemon Bar	Easter Easter	

Social Dining Sites

AUBURN Heritage Court

Thursdays – 11:30 am

Reservations 1-800- 427-1241

The Auburn Townhouse

Wednesdays - 11:30 am

Reservations – 1-800-427-1241

BUCKFIELD

Nezinscot Village

Wednesdays – 11:15 am

Reservations 1-800-427-1241

FARMINGTON

Farmington Recreation Center

Mondays-11:30 am

Reservations 1-800-427-1241

LEWISTON

Meadowview

Tuesdays & Thursdays – 11:30 am

Reservations – 1-800-427-1241

Trinity Jubilee Center

Monday-Friday 11:30 am Special Menu

LISBON FALLS

MTM Community Center

Wednesdays – 11:30 am

Reservations - 1-800-427-1241



NORWAY Progress Center

Thursdays 4 pm-6 pm Special Menu

RANGELEY

Townhouse Apartments

Monday – Friday 11:30 am Special Menu

Reservations 864-3986

RUMFORD

Muskie Center

Thursdays – 11:30 am

Reservations – 1-800-427-1241

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us. SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Brick Yard Café- 207-779-0708

RR2, Farmington 04938 Vouchers accepted 6am-2pm

Campus Cuisine - D'Youville Pavillion

100 Campus Avenue, Lewiston 04240 Vouchers accepted 1pm-5pm

Chick a Dee of Lewiston- 207-376-3870

1472 Lisbon Street Lewiston 04240

Vouchers accepted 10:30am until 4pm Monday-Friday

Chuck Wagon Restaurant 207-897-4031

2 Depot Street, Livermore Falls 04254 Vouchers accepted 11am until closing Closed Mondays

Douin's Market & Diner 207-778-4111

150 Mercer Road New Sharon Vouchers accepted 5am to 9pm

Ellis's Variety - 207-562-8284

1260Weld Street, Dixfield

Vouchers accepted 6 am to 2 pm

GrantLee's Tavern & Grill 207-778-0809

476 Fairbanks Road, Farmington, 04976 Vouchers accepted Wednesday-Friday 11am to 4pm Closed Mondays & Tuesdays

LaFleur's Family Restaurant 207-897-2117

224 Maine Street, Jay 04239

Vouchers accepted 11am until closing – not redeemable after 4pm Friday & Saturday nights

Market Square Restaurant 207-743-3911

24 Market Square, South Paris 04291 Vouchers accepted 11am until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way 214 Fairbanks Road Farmington and Livermore Distribution for the requested donation of \$6.00 ~ 1.800.427.1241