





Monday	Tuesday	Wednesday	Thursday
	<p>~Holiday Meal~  <b>Baked Ham w/ Raisin Pineapple Sauce, Mashed Potatoes, Green Bean Casserole, Fruit Cup, Banana Bread, Bread Pudding</b></p>		<p><b>Any Questions?</b>  <b>Please call SeniorsPlus</b>            207-795-4010 or            1-800-427-1241</p>
<p><b>Baked Ziti w/ Meat Sauce 4</b>            Green Beans, Spiced Pears,            Garlic Bread Stick,            Fruit Square</p>	<p><b>Pulled Pork w/Gravy 5</b>            Rice, Broccoli Cuts,            Mandarin Oranges,            Whole Wheat Roll, Brownies</p>	<p><b>Battered Fish w/ Dill Sauce 6</b>            Roasted Potatoes, Carrots,            Fresh Fruit, Rye Bread,            Pudding</p>	<p><b>Turkey Pot Pie 7</b>            Squash, Spiced Apples            Wheat Roll,            Cake</p>
<p><b>Chicken Corn Chowder 11</b>            3 Bean Salad.            Fresh Fruit, Low Sodium            Crackers,            No-Bake Chocolate Cookie</p>	<p><b>American Chop Suey 12</b>            Carrots,            Sliced Peaches, Garlic Roll,            Fruit Crisp</p> 	<p><b>Western Omelet 13</b>            Home Fried Potatoes,            Stewed Tomatoes,            Pineapple Chunks,            Raisin Bread,            Cake</p>	<p><b>Holiday Meal 14</b>  <b>Reservations Required</b>  <b>Requested Donation \$6.00</b></p> 
<p><b>Baja Fish Sticks 18</b>            Oven Roasted Potato,            Green Peas,            Mandarin Oranges,            Wheat Bread, Brownie</p>	<p><b>BBQ Chicken 19</b>            Rice Pilaf,            Mexican Corn, Fresh Fruit,            Wheat Roll,            Cookie</p>	<p><b>Turkey Dogs 20</b>            Baked Beans, Cole Slaw,            Mixed Vegetables, Spiced            Apple, Cornbread,            Cake</p>	<p><b>Meatloaf w/ Gravy 21</b>            Garlic Mashed Potato,            Green Beans, Spiced Pears,            Italian Bread, Chef's Choice            Dessert</p>
<p><b>Holiday 25</b>            No Meals Served            or Delivered</p> 	<p><b>Fish Chowder 26</b>            Pickled Beets, Applesauce,            Oyster Crackers,            Gingersnap Cookie</p>	<p><b>Swedish Meatballs 27</b>            Egg Noodles, Carrots,            Fresh Fruit            Whole Wheat Bread,            Tapioca Pudding</p>	<p><b>Pork Stir Fry 28</b>            Rice,            Broccoli Cuts,            Fruit Cocktail, Breadstick,            Chef's Choice Dessert</p>

## LunchPlus Cafés

### AUBURN

#### *Heritage Court*

Thursdays – 11:30 a.m.

**Reservations – 1-800-427-1241**

#### *The Auburn Townhouse*

Wednesdays – 11:30 a.m.

**Reservations – 1-800-427-1241**

### BUCKFIELD

#### *Nezinscot Village*

Wednesdays – 11:15 a.m.

**Reservations 1-800-427-1241**

### FARMINGTON

#### *Farmington Recreation Center*

Mondays-11:30a.m.

**Reservations 1-800-427-1241**

### LEWISTON

#### *Meadowview*

Tuesdays & Thursdays – 11:30 a.m.

**Reservations – 1-800-427-1241**

#### *Neighbors Across the Table*

Mondays-1:00 p.m.

Special Menu

**Reservations 1-800-427-1241**



#### *Trinity Jubilee Center*

Monday-Friday – 11:30 a.m.

Special Menu

### LISBON FALLS

#### *MTM Community Center*

Wednesdays – 11:30 a.m.

**Reservations – 1-800-427-1241**

### RANGELEY

#### *Townhouse Apartments*

Monday – Friday 11:30

Special Menu

**Reservations 864-3986**

### RUMFORD

#### *Muskie Center*

Thursdays – 11:30 a.m.

**Reservations – 1-800-427-1241**

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center for Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us. SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at

[www.seniorsplus.org](http://www.seniorsplus.org)



## Participating Locations:

#### **Brick Yard Café- 207-779-0708**

RR2, Farmington 04938

Vouchers accepted 6am-2pm

#### ~ **Campus Cuisine – D’Youville Pavillion ~**

100 Campus Avenue, Lewiston 04240

Vouchers accepted 1p.m. - 5 p.m.

#### **Chick a Dee of Lewiston- 207-376-3870**

1472 Lisbon Street Lewiston 04240

Vouchers accepted 10:30am until 4pm Monday –Friday

#### ~ **Chuck Wagon Restaurant 207.897.4031~**

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11a.m. until closing

– closed Mondays

#### ~**Douin’s Market & Diner 207-778-4111**

150 Mercer Road New Sharon

Vouchers accepted 5a.m to 9pm

#### ~ **LaFleur’s Family Restaurant 207.897.2117 ~**

224 Maine Street, Jay 04239

Vouchers accepted 11 a.m. until closing – not redeemable after 4 p.m. Friday & Saturday nights

#### ~ **Market Square Restaurant 207.743.3911~**

24 Market Square, South Paris 04291

Vouchers accepted 11a.m. until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way, 214 Fairbanks Road Farmington and Livermore Distribution for the requested donation of \$5.00 ~ 1.800.427.1241