


Monday	Tuesday	Wednesday	Thursday
<p>Any Questions? Please call SeniorsPlus 207-795-4010 or 1-800-427-1241</p>	<p>Holiday Menu~ Roast Breast of Turkey w/ Gravy, Apple Sage Stuffing, Mashed Potatoes, Squash, Peas & Onions, Fresh Fruit, Cranberry Sauce, Zucchini Bread, Pumpkin Pie w/ Whipped Topping</p>	<p>Country Chicken Casserole 1 Rice Pilaf Chuck Wagon Corn Fresh Fruit, Wheat Bread, Cake</p>	<p>Meatloaf w/Gravy 2 Mashed Potatoes, Green Beans, Fruit Cocktail, Rye Bread, Brownie</p>
<p>Cheese Roll up w/ Beef Sauce 6 Brussel Sprouts, Spiced Pears, Garlic Breadstick, Fruit Crisp</p>	<p>Turkey Chow Mein 7 Rice Medley Oriental Vegetables, Fresh Fruit, Wheat Bread, Cookie</p>	<p>Cheeseburger Pie 8 Vegetable Blend, Spiced Apples, Wheat Roll, Pudding</p>	<p>Chicken Parmesan 9 Whole Wheat Pasta, Broccoli, Fresh Fruit, Garlic Bread, Cake</p>
<p>Fish Chowder 13 Cole Slaw, Tropical Fruit Cocktail, Oyster Crackers, Cake</p>	<p>BBQ Pork Riblet 14 Mashed Potato, Spinach, Cinnamon Applesauce, Oatmeal Bread, Cook's Choice Dessert</p>	<p>Western Omelet 15 Home Fried Potatoes, Stewed Tomatoes, Fresh Fruit, Raisin Bread, Cookie</p>	<p>Special Holiday Meal 16 Reservations Required Suggested Donation \$6.00</p>
<p>Turkey ala King 20 Whole Wheat Pasta, Vegetable Blend Spiced Pears, Wheat Roll, Pudding</p>	<p>Beef Chili 21 Seasoned Rice, Green Beans, Fresh Fruit, Cornbread, Cake</p>	<p>Turkey Franks 22 Macaroni & Cheese, Mixed Vegetables Fruit Cocktail, Wheat Bread, Fruit Crisp</p>	<p>Thanksgiving Holiday 23 No Meals Served or Delivered</p> 
<p>Beef Pot Pie 27 Green Peas, Sliced Peaches, Wheat Roll, Cookies</p>	<p>Baked Fishwich 28 Au Gratin Potatoes, Broccoli & Cauliflower, Whole Grain Burger Roll, Fresh Fruit, Pudding</p>	<p>Sweet & Sour Pork 29 Seasoned Rice, Bean Medley, Pineapple, Wheat Roll, Cake</p>	<p>Beef Stew w/ Vegetables 30 Cole Slaw, Fruit Cocktail, Italian Bread, Cookie</p>

LunchPlus Cafés

AUBURN

Heritage Court

Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

The Auburn Townhouse

Wednesdays – 11:30 a.m.

Reservations – 1-800-427-1241

BUCKFIELD

Nezinscot Village

Wednesdays – 11:15 a.m.

Reservations 1-800-427-1241

FARMINGTON

Farmington Recreation Center

Mondays 11:30 a.m.

Reservations 1-800-427-1241

LEWISTON

Meadowview

Tuesdays & Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

Neighbors Across the Table

Mondays- 1:00 p.m.

Special Menu

Reservations 1-800-427-1241

Trinity Jubilee Center

Monday-Friday -11:30 a.m.

Special Menu



LISBON FALLS

MTM Community Center

Wednesdays – 11:30 a.m.

Reservations – 1-800-427-1241

RANGELEY

Townhouse Apartments

Monday – Friday 11:30

Special Menu

Reservations 864-3986

RUMFORD

Muskie Center

Thursdays – 11:30 a.m.

Reservations – 1-800-427-1241

TURNER

Boofy Quimby Memorial Hall

Tuesdays – 11:30 a.m.

Reservations – 225-3501

SeniorsPlus is the Area Agency on Aging and Aging and Disability Resource Center or Androscoggin, Franklin and Oxford Counties. Since 1972 SeniorsPlus has provided information and services to older adults. SeniorsPlus is grateful for your tax-deductible contributions, bequest and memorial gifts. We also welcome valuable donations of time to serve as a volunteer with us. SeniorsPlus is dedicated to enriching the lives of seniors and can be found on the Internet at www.seniorsplus.org



Participating Locations:

Brick Yard Café- 207-779-0708

RR2, Farmington 04938

Vouchers accepted 6am-2pm

~ **Campus Cuisine – D’Youville Pavillion** ~

100 Campus Avenue, Lewiston 04240

Vouchers accepted 1p.m.- 5 p.m.

Chick a Dee of Lewiston- 207-376-3870

1472 Lisbon Street Lewiston 04240

Vouchers accepted 10:30am until 4pm Monday –Friday

~ **Chuck Wagon Restaurant** 207.897.4031~

2 Depot Street, Livermore Falls 04254

Vouchers accepted 11a.m. until closing

– closed Mondays

~**Douin’s Market & Diner** 207-778-4111

150 Mercer Road New Sharon

Vouchers accepted 5a.m to 9pm

~ **LaFleur’s Family Restaurant** 207.897.2117 ~

224 Maine Street, Jay 04239

Vouchers accepted 11 a.m. until closing – not redeemable after 4 p.m. Friday & Saturday nights

~ **Market Square Restaurant** 207.743.3911~

24 Market Square, South Paris 04291

Vouchers accepted 11a.m. until closing

Vouchers available at SeniorsPlus 8 Falcon Road, Lewiston, United Way 214 Fairbanks Road, Farmington and Livermore Distribution for the requested donation of \$6.00 ~ 1.800.427.1241